



Julian Throssell BSc (OT)

PROFILE

Julian is a highly experienced Occupational Therapist who has had the opportunity to develop wide-ranging therapeutic skills in a number of clinical areas across London including mental health, oncology, general medicine and community rehabilitation. Since 2004 he has specialised in wheelchairs and seating, culminating in his role as Clinical Specialist of Camden & Islington Wheelchair Service. This role saw him assessing the most complex cases, working closely with clients and their families to achieve the best outcomes possible. The Service also underwent a large-scale redevelopment during his tenure, leading to improvements in efficiency and clinical outcomes that were recognised by the Health Service Journal.

More recently Julian took some time out from wheelchairs and seating to enhance his skills in project management, focusing on the professional development of NHS staff in his role as Clinical Education Lead in CNWL Foundation Trust. However, he has returned to wheelchair and seating assessment having missed the challenges of clinical work.

KEY SKILLS:

- **Specialist knowledge:** 10 years' experience in the assessment and provision of manual and powered wheelchairs, including postural assessment and pressure care. Special interest in lightweight rigid frame wheelchairs and training wheelchair skills for active users.
- **Wide-ranging experience:** Having worked in a number of different therapy services across Perth (Australia) and London, developing an adaptability and flexibility.
- **Communication:** high level written and verbal communication skills required for professional therapy and management positions, completion of reports and medico-legal documents. Excellent listening skills.
- **Organisational skills/management:** Keen interest in service development and processes. Completed Bachelor of Science degree, operated at high level in demanding NHS settings, constantly required to meet tight deadlines.
- **Interpersonal skills with a customer service focus:** background of client-focused employment; ability to establish rapport with people of varying ages, backgrounds and cultures. Utilises a functional and problem-solving approach to get the best outcomes for clients.
- **Research and IT skills:** comfortable in researching via Internet or print, and well versed in numerous IT programmes including specialist wheelchair databases.
- **Development of others:** experience in development and delivery of education programmes, as well as 1:1 mentoring.
- **Personal:** Friendly disposition with a strong work ethic.

EDUCATION:

Curtin University of Technology, Western Australia
BSc (Occupational Therapy)
Academic Award received (Occupational Health & Safety).

Trinity College, Perth, Western Australia,
10 TEE subjects with 9 completed at Grade A.

POST GRADUATE TRAINING/EDUCATION:

- **2011** **Chailey Postural Management Course** (Active Design UK)
- **2012** **Posture & Mobility Group Conference** (PMG, UK)
- **2014** **Prince 2 Foundation Course** (Key Training, London)

- **2015** **Bite-Sized Leadership Programme** (Greenlight, London)
- **2016** **TAQA Assessor (for Apprenticeships)** (Central Westminster College)

CAREER REVIEW:

April 2017 - present **Associate, Wheel of Health, London Region**
Independent Occupational Therapist/Wheelchair & Seating Specialist

Aug 2016 to Sept 2017 **Apprenticeship Programme Support and Clinical Educator, CNWL**

Assisted the CNWL Apprenticeship Lead to set up an apprenticeship programme within CNWL, including the development of teaching programmes, recruitment of apprentices, and establishing an administrative infrastructure. Now operates as an assessor for clinicians undertaking Team Leader Apprenticeship.

As Clinical Educator undertakes training of Nurses, Therapists and Health Care Assistants, as well as arranging specialist courses and clinical skills training by outside clinical experts.

Dec 2013 to May 2016 **Clinical Education Lead, CNWL Integrated Education Team Goodall**

Responsible for the coordination and facilitation of annual Learning Needs Analyses with Clinical Services across CNWL. Established annual training plans for teams and individuals to address service need, service improvement and individual need. Organised and implemented training programmes in response to national and locally agreed CQUINS and HEE/HENWL directives. Development and implementation of a Preceptorship programme for newly qualified nurses. Establishment and implementation of a Band 2-4 HCA Competency and Development Programme within St Pancras Rehabilitation Unit.

May 2012 to Dec 2013 **Clinical Lead OT, Camden & Islington Wheelchair Service**

Responsible for the specialist assessment of adults and children with a range of complex mobility and/or postural difficulties. Prescription of specialist wheelchairs (inc. folding wheelchairs, tilt in space wheelchairs, rigid frame wheelchairs and powerchairs), as well as specialist accessories and cushions including moulded seating to support, correct or accommodate postural deficits. Assessment of pressure risk and prescription of pressure relieving cushions, utilising pressure-mapping equipment to complete high-level analysis. Provision of high-level training to clients in independent use of self-propelled or powered wheelchairs.

As Clinical Lead was also responsible for the coordination and facilitation of training to educate external OTs and Physios in wheelchair assessment and prescription, and planning CPD programmes for the clinical team. Established links with the MND Association and RNIB to enhance user experience. Completed a full service review of productivity levels in clinics, and restructured processes to optimise therapist's clinical time, leading to recognition from the Health Service Journal for increases to efficiency.

Sep 2010 to May 2012 **Wheelchair Occupational Therapist, Guys and St Thomas' Trust Wheelchair Service**

Responsible for the assessment and provision of manual, powered and specialist wheelchairs and buggies, seating and pressure equipment for adults and children with complex needs.

Nov 2009 to Aug 2010 **Career Break - World Travel**

Oct 2004 to Oct 2009 **Senior Wheelchair Occupational Therapist, Camden & Islington Wheelchair Service**

Responsible for the assessment and provision of manual, powered and specialist wheelchairs and buggies, special seating and pressure equipment for adults and children with complex needs. Developed clinical pathways for clients to reflect best practice guidelines. Supervised less

experienced therapy and technical staff. Responsible for delivering training to external therapists to increase knowledge and skills in wheelchair assessment.

Jul 2001 to May 2004 Locum Occupational Therapist - London

Wandsworth Intermediate Care Team (*Intermediate Care*)

Chelsea and Westminster Hospital (*General Medical*)

St Mary's Hospital (*Orthopaedics/Elderly Rehab*)

St Bartholomew's Hospital (*Oncology*)

Central Middlesex Hospital (*Elderly Medicine*)

Newham General Hospital (*Surgical/Community*)

PROFESSIONAL MEMBERSHIPS:

- British Association of Occupational Therapists and Royal College of Occupational Therapists – Professional Member: (BT0253655)
- Health and Care Professions Council – Registration No.: OT33720

Wheel of Health Ltd

17 Monks Wood Close, Bassett, Southampton SO16 3TT

e lucy.weech@wheelofhealth.co.uk | t 023 8076 8583 | m 07830 072700 | w www.wheelofhealth.co.uk

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