



Claire Ashton

PROFILE

Claire is an experienced Independent Occupational Therapist working with children and adults with complex disabilities. She has specialist skills in the assessment of people who present with a range of physical disabilities who have seating and mobility needs. Claire carefully considers function, occupation and participation when carrying out in depth assessments with clients. She is a flexible, highly motivated and a well-organised therapist with excellent management and organisational skills and a sound clinical knowledge, with particular expertise in posture and mobility.

KEY SKILLS:

- Highly skilled in the assessment and prescription of manual and powered wheelchairs and accessories for people with complex disabilities.
- Competent at completing full postural assessments and prescribing suitable solutions/giving advice to clients and their carers.
- Special interest in tissue viability and pressure management.
- Extensive knowledge and practical experience of using pressure mapping software and the ability to interpret results and advise on and prescribe appropriate pressure redistribution solutions.
- Using a holistic, functional, problem solving approach to Occupational Therapy assessment and treatment in order to work towards meeting client centred goals.
- Excellent communication skills at all levels and with clients, carers and colleagues/professionals, recognising the need for flexibility and compromise throughout.
- Excellent IT and report writing abilities and organisational and time management skills.

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EDUCATION:

- 1995-1998: University of Salford
BSc (Hons) Occupational Therapy - Class 2:1
- 1993-1995: Stockport College of Further and Higher Education
A Levels: Psychology(A), Biology (B), English(B)

POST GRADUATE TRAINING:

- 2002 University of Greenwich, London
Wheelchair Assessment and Prescription - 10 month Course

CAREER REVIEW:

January 2015 to present

Associate, Wheel of Health, Hampshire

Independent Occupational Therapist/Wheelchair and Seating Specialist

Working as part of a team of associates, providing seating and postural management assessment and equipment to people with complex disabilities.

January 2015 to present

Expert witness – Bush and Company Rehabilitation

To complete assessment and provide extensive care and occupational therapy reports for both claimant and defendant instructions.

January 2015 to present

Posture and Seating Advisor, ILS, Rehabilitation Solutions

Working as part of the Posture and Seating team, assessment of people with complex disabilities.

December 2014 to present

The OT Practice

Claire is registered with the OT Practice as part of the posture and mobility service.

May 2015 to December 2015 **KW Therapy Ltd**

Working with Karen Wilding and the team at KW Therapy Ltd, providing Occupational Therapy services to clients with complex needs.

Sept 2001 to May 2015

Stockport Wheelchair Service (Stockport NHS Foundation Trust)

Team leader Occupational Therapist

October 1999 to Sept 2001

Community Rehabilitation Team (South Manchester PCT)
Senior Occupational Therapist

June 1998 to October 1999

Basic Grade Rotation Scheme – Neurology, Orthopaedics
South Manchester University Hospitals NHS Trust
Basic Grade Occupational Therapist**PROFESSIONAL MEMBERSHIPS:**

- PMG
- British Association of Occupational Therapists and College of Occupational Therapists – Professional Member: BT0215093
- Health and Care Professions Council – Professional Member: OT28779