



Wheel of Health

Sarah Perrott BA (Hons) PGCE

PROFILE

Sarah is currently PA to Lucy Weech, Clinical Director of WoH. She is also a Music Teacher in Southampton, both in school and privately, and examines for GCSE Drama. In her spare time, she volunteers for the local church and walks her dog.

KEY SKILLS:

- Excellent communication skills, both verbal and non-verbal.
- Good IT, filing and administrative skills.
- Highly organised and reliable.
- A belief that there is no problem that cannot be solved through determination and some creative thinking.

EDUCATION:

2000 Royal Holloway, University of London
BA (Hons) Music and Drama – Class 2:1

2001 University of Southampton
PGCE Secondary Education (Music)

POST GRADUATE TRAINING:

- 2001 Indian Tabla and Doha 6 week Drum course
- 2002 African Djembe drumming course
- 2007 Southampton City Council - Child Protection and Safeguarding Training

CAREER REVIEW:

July 2015 to present	PA to Lucy Weech, Wheel of Health, Hampshire Administration, payroll, enquiries
June 2008 to present	Private Music Teacher, Sarah Perrott Music Lessons Flute, piano, recorder, fife, theory lessons for individual pupils
Sept 2014 to present	Key Stage 1 Music Teacher Curriculum Music provision for Key Stage 1 pupils
Sept 2010 to Dec 2015	Volunteer at Tiddlywinks Baby and Toddler Group, Highfield Church, Southampton Helping with singing, craft and conversation with families

Sept 2001 to Dec 2009	Head of Music, Chamberlayne College for the Arts, Southampton Responsible for all Music provision, both Curriculum and Extra-Curricular Activities. Drama teaching in addition.
Summer 2000	Caxton Printing Supplies, Romsey Administration, filing
Summer 1999	Administration at RF Giddings Sawmills, Southampton Payroll, Accounts, general administration
Easter 1999	Sir Robert McAlpine, West Quay, Southampton Administration, filing, invoices
Summer 1998	P&O and Princess Cruises, Southampton HR Department, administration
Winter/Easter 1998	Wilcox Young, Southampton Receptionist, administration, enquiries, filing, typing
Summer 1997	Chilworth Arms Pub (formerly The Clump), Chilworth Waitress and Bar Staff