



Lisa Alexander BSc (Hons)

PROFILE

Lisa is a highly specialist occupational therapist with over 18 years' experience, primarily working in complex disability. She has extensive experience in the assessment of complex seating and wheelchairs, specialist equipment, sensory needs, computer access and powered mobility potential; and regularly works across agencies to ensure that identified needs are met. Lisa qualified as a manual handling advisor in 2000 and since then, alongside her primary role, has been a Lead Manual Handling Facilitator and Risk Assessor in every post held. As well as private practice, Lisa works as a Consultant Occupational Therapy Expert Witness, providing paediatric care and rehabilitation expert witness reports to the courts.

KEY SKILLS:

- High level of knowledge and experience in postural management and its application in complex disability
- Excellent ability in the assessment and prescription of wheelchairs and special seating
- Lead Occupational Therapist in the use of sensory equipment with children who have complex needs.
- Highly skilled trainer in numerous subjects including manual handling, provision of a sensory diet, assistive technology and postural management
- Qualified manual handling advisor
- Highly articulate and confident, with the ability to motivate the wider team
- Wide, updated product knowledge
- Nominated by the Posture and Mobility Group (PMG) board to be the occupational therapy representative in the Department of Health faculty for modernisation of wheelchair services
- Awarded "Best Occupational Therapy Consultant in their Second Year of Practice" at the Jacqueline Webb annual conference.

EDUCATION:

- 1997 – University of Southampton
BSc (Hons) Occupational Therapy – Class 2:1

POST GRADUATE TRAINING:

- 2000 – University of Southampton
Post Graduate Diploma – Manual Handling

CAREER REVIEW:

- 2014 to present Associate, Wheel of Health, Hampshire
Independent Occupational Therapist/Wheelchair and Seating Specialist
- Provide complex assessment of seating and 24-hour posture management need.
Work in collaboration with equipment suppliers in the provision of seating / posture management solutions.
Provide training on the postural / seating assessment and management process to therapy colleagues and equipment suppliers.
Provide training to families and carers on manual handling and posture management.
Assessment for provision of wheelchair accessible vehicles.
Assess for provision of all equipment associated with 24-hour postural management and activities of daily living.
- 2011 to present Private Practice
- Specialising in working with children and young people who have complex needs. Assessments of complex seating, equipment for 24 hour postural management, personal care and sensory equipment, alongside providing manual handling assessment, creation of personal handling profiles and training for carers.
In addition, sessional work focusing on acquisition of switch skills, access to computers, powered mobility, fine motor skills and multisensory stimulation.
- April 2010 to present Occupational Therapy Expert Witness, Jacqueline Webb & co.
- Responsible for preparing rehabilitation and care expert witness reports to the courts with a particular specialism in complex paediatrics.
- April 2012 to Nov 2014 Band 7 Highly Specialist Occupational Therapist, Chailey Heritage Clinical Services
- A lead position, responsible for the in depth management of a small number of children who have highly specialist needs alongside being the clinic lead in several outpatient clinics. This involved assessing for and prescribing all complex seating, including moulded seats, assessing for and providing all other ADL equipment, carrying out individual sessions focusing on switch skills, computer access, powered mobility, fine motor skills, and multisensory stimulation. One year was spent as Acting Professional Lead of Chailey Heritage Clinical Services.

- April 2006 to April 2012 Band 6 Specialist Occupational Therapist, Chailey Heritage Clinical Services
- Responsibility for a caseload of children with complex physical and learning disabilities and clinical lead in the posture clinic and switch, communication and mobility potential clinic. As the occupational therapist with the most experience in the provision of sensory stimulation to children with complex needs Lisa created multisensory groups and formulated a training program for NHS and school staff in multi-sensory stimulation.
- Feb 2005 to April 2006 Clinical Lead Occupational Therapist, Care Management Group
- A private care home organisation with 80 homes for children and adults with complex health, physical and learning needs. Lisa was responsible for providing individual multi-sensory therapy to a number of identified children; completing assessment for specialist seating and lying supports; advising on equipment needs in new build residential homes for young people with complex needs; creating personal handling profiles and individual risk assessments; delivering training in postural management, multisensory stimulation and manual handling.
- Sept 2002 to Feb 2005 Clinical Lead Occupational Therapist, Brighton Wheelchair Services
- Clinical responsibility for caseload of 5,500 clients providing complex seating systems and wheelchairs to children and adults of all ages. Lisa led a small team of Occupational Therapists, Occupational Therapy Assistants and Rehabilitation Engineers. Nominated by Dr Elizabeth Green of the Posture and Mobility Ground board to be the occupational therapy representative in the Department of Health's modernization of wheelchair services initiative.
- Dec 2001 to Aug 2002 World Travel
- June 2000 to Dec 2001 Clinical Lead Occupational Therapist (Split Post), Papworth Wheelchair Services / Manual Handling Advisor for Acute & Community Trust
- Lisa completed a Masters level course in moving and handling at Southampton University in order to fulfil the position of manual handling advisor for the two trusts. Alongside this she was the clinical lead in the wheelchair and special seating service.
- May 1999 to June 2000 Senior 2 Occupational Therapist (Split Post), Community Paediatrics / Papworth Wheelchair Services
- Sept 1997 to May 1999 Basic Grade Rotations, Hinchingbrooke Hospital

PROFESSIONAL MEMBERSHIPS:

- British Association of Occupational Therapists and College of Occupational Therapists – Professional Member: BT0211834
- Health and Care Professions Council – Professional Member: OT27366

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