



Rachel Wilson

PROFILE

Rachel has over 20 years' experience as a Physiotherapist and for the last 12 years has specialised in the area of complex disability. For 10 years Rachel managed a residential and outpatient service for adults with complex disability where she carried a clinical case load providing specialised postural assessments for clients with complex needs, making recommendations with regards to posture management and seating.

Rachel has worked as a wheelchair and seating specialist with Wheel of Health since 2013 and is passionate about the posture management of clients with complex needs.

KEY SKILLS:

- A strong evidence base and sound professional judgement provides Rachel with the skills to work collaboratively with other practitioners, ensuring the best option for her clients at all times.
- Rachel's approachable, empathetic and friendly manner allows her to gain mutual trust and respect with her clients, their families and other professional colleagues enabling her to establish and sustain professional and therapeutic relationships.
- Client choice is always at the centre of Rachel's care planning processes and she always ensures the client is empowered to make their own decisions.
- For clients lacking capacity, Rachel is skilled in enabling them to participate as much as possible in a decision made on their behalf, ensuring any decisions are made in their best interest.
- Rachel is motivated by a challenge; she is creative with her problem solving and will work tirelessly to find a solution.
- Rachel works collaboratively with rehabilitation engineers, equipment suppliers, therapists and support staff to ensure a seamless, cohesive service for her clients.
- Rachel has expert knowledge in specialised equipment provision, including static, modular and customised seating, postural support equipment (including sleep systems) and standing frames.

EDUCATION:

University of Brighton, BSc(Hons) Physiotherapy (1995) – Class 2:1

POST GRADUATE TRAINING:

- July 2012 – Post Graduate Certificate in Posture Management for Complex Disabilities Oxford Brookes University. Awarded Distinction.
- Sept 2009 – MSc Module in Key Issues in Neurology, University of Brighton. Awarded Distinction.

CAREER REVIEW:

- Dec 2013 to present Associate, Wheel of Health.
Based in East Sussex, Independent Physiotherapist / Wheelchair and Seating Specialist.
- Provide complex assessment of seating and 24 hour posture management need.
Work alongside equipment suppliers in the provision of seating / posture management solutions.
Provide training on the postural / seating assessment and management process to therapy colleagues and equipment suppliers.
Provide training to families and carers on manual handling and posture management.
- Dec 2013 to present Case Manager, Bush & Company Rehabilitation.
March House, Long March, Daventry, Northamptonshire, N11 4LR
- Work collaboratively to assess, plan and implement rehabilitation programmes for clients following catastrophic injury.
- May 2008 to present Independent Physiotherapist.
- Provide assessment and posture management plans for individuals living with complex disability.
- Jan 2004 to Dec 2013 Therapy Team Lead, The Chaseley Trust.
South Cliff, Eastbourne, East Sussex BN23 7JH
- Managed therapy team in nursing home for adults with complex disability. Provided postural assessments and made recommendations with regard to posture management programmes and specialised seating.

PROFESSIONAL MEMBERSHIPS:

- Registered with Health & Care Professions Council (HCPC): PH49291
- Member of Chartered Society of Physiotherapy (CSP): 055308
- Member of Posture Management Group (PMG)
- Member of British Association of Brain Injury Case Managers (BABICM)
- Member of Case Management Society UK (CMSUK)